

APhA Institute on Substance Use Disorders  
Salt Lake City, Utah

**Attendee Guide – What to Pack**

**Packing and Preparation for the APhA Institute**

The APhA Institute on Substance Use Disorders is designed as a casual meeting experience that takes advantage of many unique elements of the University of Utah campus and surrounding areas. In order to ensure the most comfortable meeting experience possible, the list below are items that are suggested for attendees.

There are two main lodging options for APhA Institute attendees. The University Guest House and Conference Center (a university-based hotel) and the Marriott Community Apartments (nice dormitory-style housing). The Guest House offers all the amenities that you would expect in a standard hotel. The Marriott Community Apartments offer apartment-style quarters, and the accommodations are more limited, therefore it is recommended to bring a few more items to make your stay there comfortable.

**Dress Code**

The dress code for the entire program is casual. No formal or business attire is required. It is recommended that you bring layers, as the air conditioning can cause the ballroom temperature to fluctuate throughout the day. The weather in Salt Lake City is generally warm in late-May / early-June, however temperatures can fluctuate by 30°F to 40°F rather quickly. It is recommended to bring at least a light jacket in case this occurs. Be sure to check the weather before packing.

**University Guest House**

- ✓ Hiking boots or sturdy shoes (for the hike)
- ✓ Sunscreen
- ✓ Bug-spray
- ✓ Water bottle
- ✓ Lip balm
- ✓ Snacks
- ✓ Camera
- ✓ Extra paper and pens
- ✓ Sweater or light jacket

**Marriott Community Apartments**

- ✓ Hiking boots or sturdy shoes (for the hike)
- ✓ Sunscreen
- ✓ Bug-spray
- ✓ Water bottle
- ✓ Lip balm
- ✓ Snacks
- ✓ Camera
- ✓ Extra paper and pens
- ✓ Sweater or light jacket
- ✓ Large bath towel
- ✓ Hand towel
- ✓ Toiletries
- ✓ Extra pillow
- ✓ Extra sheets or blankets
- ✓ Shower shoes
- ✓ Food for microwaves